



JULY

In-Person Drop-In Calendar

Sycamore: 5500 S Sycamore St Littleton, CO 80120
 Center Point: 2200 W Berry Ave Littleton, CO 80120
 Wellness: 5554 S Prince St Littleton, CO 80120



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Grocery Shopping 9:00 - 10:30 @ Center Point</p> <p>Tea & Travel 10:00 - 11:00 @ Center Point</p> <p>Teaching Kitchen 10:30 - 1:00 @ Center Point</p> <p>Creative Outlets Group 11:00 - 12:00 @ Wellness</p> <p>Movie Group 12:30 - 2:00 @ Center Point</p>	<p>Gratitude Group 10:00 - 11:00 @ Center Point</p> <p>Teaching Kitchen 10:30 - 1:00 @ Center Point</p> <p>Arts & Crafts 11:00 - 12:00 @ Center Point</p> <p>Meal Planning 1:00 - 2:30 @ Center Point</p>	<p>Morning Meditation 9:30 - 10:00 @ Center Point</p> <p>You + Me = We 9:30 - 11:00 @ Parker-Dransfeldt</p> <p>Wellness Group 10:00 - 11:00 @ Center Point</p> <p>Teaching Kitchen 10:30 - 1:00 @ Center Point</p> <p>Music Group 11:00 - 12:00 @ Center Point</p> <p>Train Your Brain 1:00 - 2:00 @ Center Point</p> <p>Attachment Healing: Surviving to Thriving 1:00 - 3:00 @ Sycamore (Referral only)</p>	<p>Strategies for Recovery 10:00 - 11:00 @ Center Point</p> <p>Teaching Kitchen 10:30 - 1:00 @ Center Point</p> <p>Physical Fitness 11:00 - 12:00 @ Center Point</p> <p>Games Hour 1:00 - 2:00 @ Center Point</p> <p>DBT Across the Modules 3:00 - 4:00 @ Wellness</p>	<p>Friday July 5th NO OUTING</p> <p>Chatfield Botanical Gardens 9:30 - 1:00 July 12, 2024 @ Center Point</p> <p>Thrift Shopping 9:30 - 1:00 July 26, 2024 @ Center Point</p>
			 <p>All AllHealth Network locations (except for the Walk in Center) will be closed on July 4th</p>	 <p>Center Point closed July 5th</p>