# Community Engagement Team



The Community Engagement Team (CET) at AllHealth Network provides free mental health trainings and skills workshops with the goal of increasing awareness and promoting mental health.





# **ABOUT THE CET**

CET services are provided at no cost and are community based. We introduce mental health topics and skills tailored to the needs of our audience and serve as a welcoming connection to AllHealth Network.

## SERVICES OFFERED

- Evidence-based trainings
- Referral connections
- Skills-based wellness workshops
- Participation in community resource fairs/events

¡Pregúntanos sobre nuestros servicios en español!

# WHO WE SERVE

We primarily serve Arapahoe and Douglas counties and the South Metro Denver area. CET services are free for all ages and open to everyone.

### **Email us:**

CET@allhealthnetwork.org

### Our website:



allhealthnetwork.org/community-engagement-team/



#### @allhealthnetwork

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.